

ALLERGENS – SALADS & HEARTY BOWLS, SOUPS, SANDWICHES AND DESSERTS

	CORIANDER/ CILANTRO	CORN	SHELLFIS H	DAIRY	EGG	FISH	GARLIC	MUSTARD	NIGHTSHADES	NUTS	ONION	PEANUTS	RICE	SEEDS	SESAME	SOY	SULPHITES	WHEAT/ GLUTEN
PIRI-PIRI BOWL	●	●					●		●				●				●	
THE SANTA FE	●	●		●			●		●		●							
MAD CAESAR	●						●	●	●	Tree	●					●	May contain	
CRISPY TACO SALAD		●		●			●	●	●		●						●	
BIBIMBOWL	●						●	●	●		●		●		●	●		●
THAI CURRY SALAD	●		●			●	●					●	●		●	●	●	
MAPLE FARM BOWL				●			●	●	●		●		●		●	●		
COCONUT CURRY	●	●					●		●		●		●			●	●	
MOROCCAN CHICKEN	●	●					●	●	●		●						●	
LIL' PIRI-PIRI BOWL		●					●		●		●		●				●	
LIL' TACO BOWL	●	●		●			●		●		●		●			●		
LIL' BUDDHA BOWL								●					●		●	●	●	
PIRI-PIRI CHICKEN	●															May contain	●	●
TOFU BANH MI SANDWICH	●							●				●	●		●	●		●
FAJITA BARBACOA	●			●												May contain		●
SMASHED CHICKPEA	●	●							●		●				●	May contain		●
DARK CHOCOLATE BROWNIE														●		●		

PORTUGUESE CUSTARD		●		●	●					May Contain		May contain						
APPLE BLOSSOM		●			●											●		●
CLASSIC CHOCOLATE				●								May contain						●
GINGER COOKIE				May contain								May contain						●
CINNAMON TOAST				●								May contain						●
RED VELVET COOKIE				●								May contain						●
COOKIES & CREAM				●								May contain						●
ROSEMARY FOCACCIA				May contain	May contain					May contain					May contain	May contain		●

ALLERGENS – BURRITOS AND BURRITO BOWLS

	CORIANDER / CILANTRO	CORN	SHELLFISH	DAIRY	EGG	FISH	GARLIC	MUSTARD	NIGHT-SHADES	NUTS	ONION	PEANUTS	RICE	SEEDS	SESAME	SOY	SULPHITES	WHEAT/ GLUTEN
BURRITOS																		
THE SMOKING GUN CHICKEN	●	●		●			●		●		●		●			May contain	●	●
THE SMOKING GUN TOFU	●	●		●			●		●		●		●			●	●	●
THE BARRANQUILLA	●	●		●			●		●		●		●			May contain		●
THE EL DORADO	●	●		●			●		●		●		●			●	●	●
THE FLAMING BATATA	●	●		●			●		●		●		●			●	●	●
THE VIDA VERDE	●	●					●		●		●		●		●	●	●	●
THE DAIKON DYNASTY	●						●		●		●		●		●	●		●
THE DAIKON DYNASTY	●						●		●		●		●		●	●	●	●

THE FISH 'N' CHIPS		•		•	•	•	•	•	•		•		•			•	•	•
BURRITO BOWLS																		
THE SMOKING GUN CHICKEN	•	•		•			•		•		•		•				•	
THE SMOKING GUN TOFU	•	•		•			•		•		•		•			•	•	
THE BARRANQUILLA	•	•		•			•		•		•		•					
THE EL DORADO	•	•		•			•		•		•		•			•	•	
THE FLAMING BATATA	•	•		•			•		•		•		•			•	•	
THE VIDA VERDE	•	•					•		•		•		•		•	•	•	
THE DAIKON DYNASTY	•						•		•		•	•	•		•	•		
THE DAIKON DYNASTY	•						•		•		•	•	•		•	•	•	
THE FISH 'N' CHIPS		•		•	•	•	•	•	•		•		•			•	•	•